

PRONUTRO WHOLEWHEAT

INGREDIENT LIST / BESTANDDELE

Original: Wheat flour (70%) (gluten), soya flour (15%), wheat bran (7%) (gluten), sugar, chicory, salt, vitamins (vitamins A, B1, B2, B6, B12, niacin, pantothenic acid, biotin, folic acid, C, D3 and E), minerals (tricalcium phosphate, potassium iodide, electrolytic iron, magnesium oxide, sodium selenite anhydrous, zinc oxide) and amino acids (L-lysine and DL-methionine).

Honey Melt: Wheat flour (64%) (gluten), soya flour (14%), sugar, wheat bran (6%) (gluten), chicory, soya isolate, salt, citric acid, flavouring, vitamins (vitamins A, B1, B2, B6, B12, niacin, pantothenic acid, biotin, folic acid, C, D3 and E), minerals (tricalcium phosphate, potassium iodide, electrolytic iron, magnesium oxide, sodium selenite anhydrous, zinc oxide) and amino acids (L-lysine and DL-methionine).

Apple Bake: Wheat flour (70%) (gluten), soya flour (15%), wheat bran (7%) (gluten), sugar, chicory, salt, flavouring, vitamins (vitamins A, B1, B2, B6, B12, niacin, pantothenic acid, biotin, folic acid, C, D3 and E), minerals (tricalcium phosphate, potassium iodide, electrolytic iron, magnesium oxide, sodium selenite anhydrous, zinc oxide) and amino acids (L-lysine and DL-methionine).

CONTAINS ALLERGENS:

SOYA, WHEAT, GLUTEN

MAY CONTAIN MILK, BUT ALLERGEN CONTROL PROGRAM IS IN PLACE.

ENDORSEMENTS

TYPICAL NUTRITIONAL INFORMATION AS PER DRY PRODUCT

1 Serving = 5 Desert spoons = 50g

Nutrients		Per 100g	Per serving	%NRV*
Energy	(kJ)	1551	775	
Protein	(g)	16.5	8	15
Glycaemic carbohydrate	(g)	61	31	
of which sugars	(g)	20.0	10	
Total fat	(g)	5.0	2.5	
of which monounsaturated	(g)	1.0	0.5	
of which polyunsaturated	(g)	3.2	1.6	
of which saturated	(g)	0.9	0.5	
of which trans	(g)	<0.1	<0.1	
Cholesterol	(mg)	<0	<0	
Total dietary fibre**	(g)	7.9	4.0	
Sodium	(mg)	191	96	
Vitamin A	(µg RE)	660	330	33
Vitamin D	(µg)	3	2	33
Vitamin E	(mg)	6.6	3.3	33
Vitamin C	(mg)	72.0	36.0	60
Thiamine	(mg)	0.9	0.5	33
Riboflavin	(mg)	1.1	0.5	33
Niacin	(mg)	11.9	5.9	33
Vitamin B6	(mg)	1.3	0.7	33
Folic acid	(µg)	132	66	33
Vitamin B12	(µg)	1	0	33
Biotin	(µg)	66	33	33
Panthothenic acid	(mg)	4.0	2.0	33
Calcium	(mg)	528.0	264.0	40
Phosphorus	(mg)	528.0	264.0	33
Iron	(mg)	9.2	4.6	33
Magnesium	(mg)	90.0	45.0	15
Zinc	(mg)	9.9	5.0	33
Iodine	(µg)	99	50	33

Selenium	(µg)	150	75	15
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* *NRV = Nutrient reference value for individuals 4 years and older*

** Method used to determine total dietary fibre: AOAC 985.29